London Life Coach & Therapies Centre



Parenting Apart Programme (PAP)



When relationships evolve, parenting remains. We support parents to keep a positive co-parenting relationship, always thinking about what's best for your child, making sure they feel safe and loved.

Building Trust and Understanding

We work with families based on trust and respect. By talking openly and honestly, we build strong connections with parents, offering support that fits each family's unique situation.

Parenting Apart Website "2024"

Families suitable for course

Parents who struggle to communicate and or agree on co-parenting issues.

Our Commitment to Your Family

We know how important parents are in their children's lives. The way you care for and guide your child is key to their health, happiness, and how well they do in life. We are here to help you make a big positive impact. It is proven that when parents really understand their children's needs, it helps them grow up healthier, get along better with others, and do well at school.

A Unique Approach to Family Support

The Parenting Apart Programme (PAP) is not just another mediation service. It is an evidence-based programme designed to help parents and carers who are struggling to communicate and get along.

No matter where you are in your journey of co-parenting, whether you are just starting out or facing ongoing challenges, the Parenting Apart Programme is here for you. Our goal is to make sure that both of you can work together effectively for the sake of your children's happiness and well-being.

We focus on:

- Building better relationships between parents for your children's well-being.
- Helping parents work together in a supportive way.

Fees:

Online: £1600

